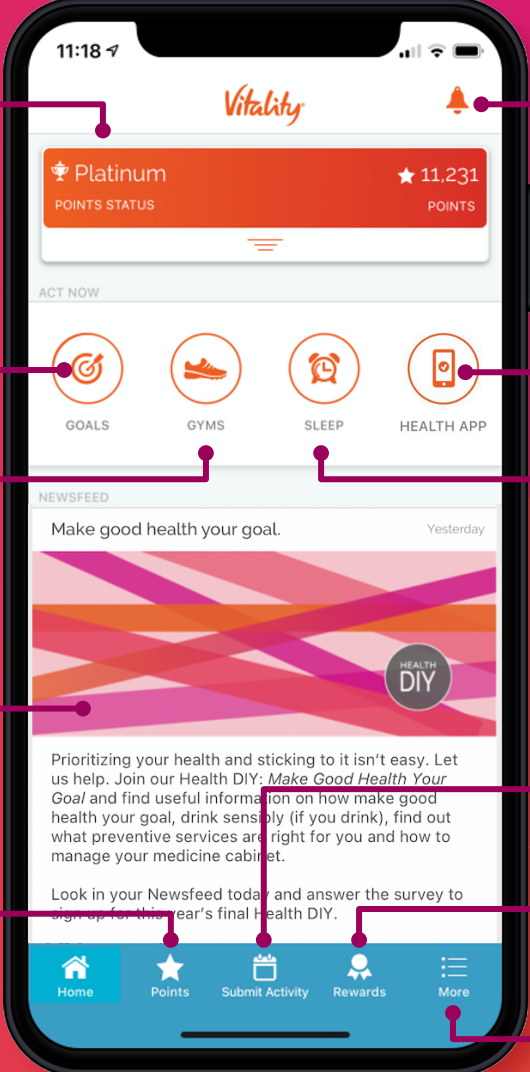


The Vitality Today® app is with you on every step of your Personal Pathway™ to better health, connecting you to your favorite Vitality features from any mobile device.



**See your Vitality Status®.** (Points Status: Platinum, 11,231 Points)

**Access important program notifications.** (Bell icon)

**Set and check in on goals.** (Goals icon)

**Log a gym workout.** (Gyms icon)

**Link a health app.** (Health App icon)

**Connect with Sleep Well.** (Sleep icon)

**Check out your Newsfeed for updates and helpful information.** (Newsfeed section)

**Submit proof of a completed activity.** (Submit Activity icon)

**Review your rewards.** (Rewards icon)

**Keep track of your points.** (Points icon)

**Complete the Vitality Health Review®.** (More icon)

*Use your PowerofVitality.com username and password to log into the app.*

To connect with the full menu of tools and resources on PowerofVitality.com, tap More > Learn More > Vitality Website on the homepage menu.



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**Vitality®**